

# 6th FOOT & ANKLE SYMPOSIUM

## Arthritic Foot & Ankle – What's New?



Jury's Inn, Middlesbrough  
Friday 1st February 2019



### Course Convenors:

Mr Rajiv Limaye – Consultant Orthopaedic Surgeon, North Tees and Hartlepool  
Dr Peddada Raju – Consultant Radiologist, North Tees and Hartlepool

### Faculty:

Mr Kailash Devalia – Consultant Orthopaedic Surgeon, QE Gateshead  
Dr Sanjay Pathare – Consultant Rheumatologist, South Tees Hospital  
Mr Nick Livadas – Clinical Specialist in Physiotherapy, Physiotherapy Matters  
Ms Lynsey Hetherington – MSK Lead Podiatrist, North Tees  
Ms Beth Alderton – SCP North Tees and Hartlepool  
Ms Lynne Robertson-McPartlin – SCP North Tees and Hartlepool  
Mr Alex Flanagan – MD and Clinical Research Director, TRB Chemedica UK

### Programme:

8:30am - 9:00am Registration  
9:00am - 9:05am Introduction & Welcome (Mr Limaye)  
9:05am - 9:20am Patient Assessment in Foot & Ankle (Ms Hetherington)  
9:20am - 9:40am Non-Operative Management in Foot & Ankle (Mr Livadas)  
9:40am - 10:00am Medical Management of Inflammatory Arthritis Affecting Foot & Ankle (Dr Pathare)  
10:00am - 10:30am Tea/Coffee Break  
10:30am - 10:40am Role of Sodium Hyaluronate Viscosupplementation (Mr Flanagan)  
10:40am - 12.10am **Workshop 1:** Landmark Injection Techniques incl. Models (Mr Devalia / Dr Pathare / Ms Alderton / Ms Robertson-McPartlin)  
**Workshop 2:** Managing Patient Expectations (Mr Livadas / Ms Hetherington / Ms Dolphin)  
12:10am - 1:00pm Lunch  
1:00pm - 1:30pm Radiological Changes in Arthritic Patients (Dr Raju)  
1:30pm - 2:00pm Joint Sacrificing Surgical Options in Foot & Ankle Arthritis (Mr Limaye)  
2:00pm - 2:20pm Joint Sparing Surgical Options in Foot & Ankle Arthritis (Mr Devalia)  
2:20pm - 2:35pm Other Options in Joint Preservation (Mr Limaye)  
2:35pm - 3:00pm Tea/Coffee Break  
3:00pm - 4:20pm **Workshop 3:** US Guided Joint Injections (Dr Raju)  
**Workshop 4:** Patient Case Studies (Mr Limaye / Mr Devalia)  
4:20pm - 4:30pm Final Discussion and Close

Charge: £45 (incl. Registration, Lunch & Refreshments)

## Delegate Registration

Title.....

First Name.....

Surname.....

E-mail.....

Telephone.....

Speciality.....

Institution.....

Address.....

Where did you hear about the course?.....

Would you like to be contacted about future events?

YES  NO

Delegate Payment: £45

Cheque made payable to TRB Chemedica UK Ltd  
(9 Evolution, Lymedale Business Park, Hooters Hall Road,  
Newcastle-Under-Lyme, Staffordshire, ST5 9QF)

BACS account number: 68227618 Sort code: 08-90-08

N.B. For BACS payments please reference: **FA2019 [Surname]**

To be completed and returned by post to:

TRB Chemedica (UK) Ltd, 9 Evolution, Lymedale Business Park,  
Hooters Hall Road, Newcastle-Under-Lyme, Staffordshire, ST5 9QF,

or completed electronically and emailed to **events@trbchemedica.co.uk**.

Any queries, please contact either:

Rachael Graham on rgraham@trbchemedica.co.uk, or call 07806 674425;  
Mr Rajiv Limaye on rajivlimaye8@googlemail.com, or call 07939 071024.

